



Port Chalmers to Dunedin Road Races

Saturday 23rd September 2023

Organisers: Cross Country Committee

Meeting Manager: David Crewe

Race Entry Information

1. Entry to all races is open to club and community runners and walkers.
2. All events, except the U8 fun run, will be held along the shared pathway between Port Chalmers and Dunedin and finish in Magnet Steet.
3. The Open 10 km run (U18, U20, Senior, Masters), will start at the beginning of the shared pathway in Port Chalmers. This event will be handicapped by the Athletics Otago handicapper with all entrants expected to give a current 10km time when entering. In a handicap race athletes run the same distance but start off at different time intervals. Male and female athletes will compete together with the first six runners crossing the finish line from the same club counting for the team's race.
4. The Open 10 km walk race will start at the beginning of the shared pathway in Port Chalmers. Walkers will be handicapped in three wave starts by the Athletics Otago handicapper with all entrants expected to give a current 10km time when entering. This event will not be judged but all competitors are expected to walk the entire distance. Running, if observed, may lead to disqualification. Male and female athletes will compete together with the first three walkers crossing the finish line from the same club counting for the team's race.
5. The 5 km run for U18 / U16 /18+ Open will start at St Leonards. The race will be handicapped in waves.
6. The 2.5 km run for U14 / U12 will start at Ravensbourne. The race will be handicapped in waves.
7. The 1 km U8 run will be a fun run, with entry on the day. The run will start and finish at Magnet Street. There will be no handicaps for this event.
8. No one can enter or compete in more than one race.
9. **Team's Races**
 - a. In the Open 10 km run the first six runners from the same club shall count for the team's race.
 - b. In the Open 10 km walk, 5 km run and 2.5 km run, the first four runners/walkers from the same club shall count for the team's competition in each event.
10. Ages are taken as at 31 December 2023 except that Masters ages are *on the day*.
11. Masters Age Grades will be 35-49; 50-64; 65+.
12. All entries are to be done online via Athletics Otago website athleticsotago.co.nz Online entries close on Wednesday 20th September at 6.00pm. No late entries will be accepted for this event.

Toilets: There is a toilet close to the start / finish area.

Medal & Certificate Presentations will be held at the completion of the last event in the upstairs function room at the Caledonian Ground. Medals will be awarded to the first 3 finishers in each event and certificates will be awarded to the winning teams.

Enquiries: Email: athleticsotago@xtra.co.nz

Due to technical difficulties (aka human error), this race is now FREE to enter. In lieu of entry fee we ask that you help us support Mental Health Awareness Week by offering a Koha donation at the start line, which we will pass onto Mates in Construction.



PORT CHALMERS TO DUNEDIN RACE DAY PROGRAMME 2023

EVENT 1: 10km Walk and Run Port Chalmers to Dunedin (U18, U20, Seniors, Masters)

12:45pm: Start time for participants on Go in 10km Walk

1:00pm: Start time for participants on Go in 10km Run

EVENT 2: 5km Walk and Run St Leonards to Dunedin (U16, U18, 18+ Open Run; Open Walk)

1:30pm: Start time for participants on Go in 5km Walk and 5km Run

EVENT 3: 2.5km Run Ravensbourne to Dunedin (U12, U14)

1:50pm: Start time for participants on Go in 2.5km Run

EVENT 4: 1km fun run for Under 8 (Magnet Street to shared pathway north and return)

2:15pm: Start time for participants in Under 8 Fun Run

Afternoon tea and prize-giving at approximately 3:00pm in the upstairs function room at the Caledonian Ground