

2024 NMR Combined Event Carnival – Event Information

- The Combined Events will consist of four or five separate disciplines
- The LAVic Rules for each event constituting the competition will apply with the following:
 - Field Disciplines:
 - May be split across parallel pits or rings or;
 - Different disciplines may be conducted at the same time, but when reciprocated each must occur on the same parallel pit or ring
 - Three attempts only
 - For Discus, each trial will be marked, with only the longest trial measured and recorded
 - Track Disciplines:
 - Only heats will be conducted with points allocated to the performance obtained in the heat
- The 400 / 800 metres will normally be scheduled as the last discipline conducted for all age groups. If multiple heats are required for an age group, athletes will be seeded so that the last heat contains the athletes leading at the conclusion of the previous event
- Points are awarded for each performance and will be allocated to each athlete for each individual discipline using the Alberta Youth Points System (U9-14) and World Athletics Points System (U15-17). Multi-Class athletes will use the Baseline tables for conversion and then the Alberta Youth Points. Note: All tables have a finite lower limit and as a result an athlete may score zero points and will not appear in the results until they achieve points in further events. The scoring of zero points does not exclude an athlete from being placed.
- An athlete failing to attempt to start or make a trial in one of the individual events will not be entitled to receive a place. It will not prohibit the athlete from competing and scoring points in subsequent events.
- Performances and points will be posted for viewing as soon as practicable after the completion of each discipline
- The winner will be the athlete who obtains the highest cumulative total points score. In the event of a tie for any final placing athletes will be awarded equal placing. **Note:** For Multi-Class athletes, scoring will be based on the best 3 performances from the events available
- Medals will be awarded to the first 3 placegetters (total points) and ribbons awarded to all other competitors. **Note:** Medals or Ribbons will not be presented to placegetters in the individual disciplines of the Combined Events.

Event Grid

Age Group	BOYS	GIRLS
Under 9-10	100m, 800m, 60mH, LJ, Discus	100m, 800m, 60mH, LJ, SP
Under 11-13	100m, 800m, 80mH, LJ, Discus	100m, 800m, 80mH, LJ, SP
Under 14	100m, 800m, 90mH, LJ, Discus	200m, 800m, 80mH, LJ, SP
Under 15-16	100m, 800m, 100mH, LJ, Discus	200m, 800m, 90mH, LJ, SP
Under 17	100m, 800m, 110mH, LJ, Discus	200m, 800m, 100mH, LJ, SP
Multi-Class*	100m, 400m, LJ, Discus	100m, 400m, LJ, SP

* Multi-Class: Scoring is based on 3 best events