WCLAC OPEN DAY 2025

Sunday 19th January 2025

Commencing at 9.00am (approx. finish 4.30pm)

VENUE: Meadowglen International Athletics Stadium, 146-156 Mc Donalds Rd, Epping

ELIGIBILITY Open to all centres for registered little athletes aged Under 6 to Under 17.

ENTRY FEE: $7.50 per event. **Maximum of 4** events for each athlete.

EVENTS OFFERED: Please refer to event matrix below. Please note U15/16 & 17s are competing as one age group U17s for most events except hurdles & Boys SP/Discus. U13s/14s will compete as one age group for the 1500m walk.

ENTRIES CLOSE: **SUNDAY 5TH JANUARY 2025 (11.59pm)**
NO Late entries will be accepted. NO Refunds will be processed. PROGRAM will be released once we have an idea of registration numbers.
Track event Capacity is capped at 24 athletes per event & Field Events are capped at 20 athletes per Event, once event capacity has been reached the event will be closed.

ENTRY: Please register via GAME DAY. Athletes will require their Username & password to register. Please contact your Centre/Club Secretary if you are missing your Username & Password.

MULTICLASS: Multiclass athletes have the option of entering the able body category and enter as per the link above. Alternatively, if you would like to enter a multiclass category, please email whittleseacity@lavic.com.au with your entry requests.

UNIFORM: Centre Uniform with Coles patch and Commonwealth Bank registration tag must be worn.

SPIKES: Allowed for under 11-17 (max 7mm & 9mm for high jump & Javelin)

AWARDS: The first three placegetters in each Field & Timed Final event will receive a medal.
All other competitors will receive a ribbon for their performance.
(NO PROTESTS will be allowed; the result will be the referees decision).

MARSHALLING: All athletes MUST report directly to the event area 15 minutes prior to the scheduled starting time of the event.

CLASH OF EVENTS: Track events take priority. If you have a clash between a track and a field event, please report to the field event and advise the chief of the clash, go to track event and then return to the field event immediately after.

ENQUIRIES: **Special Events Director:** Tameeka Robertson; tameekarobertson@hotmail.com
Competition Director: Lisa Hegarty; lisahegarty81@gmail.com

OFFICIALS: **DUTY IS COMPULSARY FOR PARENTS OF COMPETING WCLAC ATHLETES. Centres are required to provide one parent helper per 5 athletes entered. We welcome experienced chiefs to volunteer from any centre.**

EVENT OPTIONS:

Age	Events													
U6	70	100							LJ			SP	Discus	
U7	70	100	200						LJ			SP	Discus	
U8	70	100	200					60 H	LJ			SP	Discus	
U9	70	100	200		400	800	700 W	60 H	LJ		HJ	SP	Discus	
U10	70	100	200		400	800	1100 W	60 H	LJ		HJ	SP	Discus	
U11		100	200		400	800	1100 W	80 H	LJ	TJ	HJ	SP	Discus	Jav
U12		100	200		400	800	1500 W	80 H	LJ	TJ	HJ	SP	Discus	Jav
U13		100	200	200 H	400	800	U14 1500 W	80 H	LJ	TJ	HJ	SP	Discus	Jav
U14		100	200	200 H	400	800		80 H	LJ	TJ	HJ	SP	Discus	Jav
U15G		U17 100	U17 200	U17 300 H	U17 400	U17 800	U17 1500 W	U16 90 H	U17 LJ	U17 TJ	U17 HJ	U17 SP	U17 Discus	U17 Jav
U16G														
U17G								U17 100 H						
U15B		U17 100	U17 200	U17 300 H	U17 400	U17 800	U17 1500 W	U16 100 H	U17 LJ	U17 TJ	U17 HJ	U16 SP	U16 Discus	U17 Jav
U16B														
U17B								U17 110 H				U17 SP	U17 Discus	